

# BASKETBALL WORLD™

## SHOOT IT BETTER Mini Camp

Improve Shooting ... And Much More!



1. Learn the breakthrough mental training techniques of positive self-talk, relaxation, visualization, concentration and goal setting that enhance confidence.
2. Develop a better understanding of your shot - the "feel" and reaction of the ball on the rim. Receive slight adjustments in individual shooting mechanics and key words that improve confidence, rhythm and range.
3. Become your own best teacher. Use personalized drills to practice correctly and gain the shooter's "feel." If you lose it, know exactly what to do to get it back.
4. Learn how to transfer the mental techniques for shooting to other parts of your game and to team and personal goals.



**Paul Wissel** is Director of Camps and Clinics for Basketball World. As Director of Camps and Clinics, Paul organizes and conducts Basketball World Camps and SHOOT IT BETTER Mini Camps worldwide for players ranging from youth level to NBA.

Paul has worked as an NBA Advance Scout for the Toronto Raptors, Boston Celtics, Denver Nuggets, Atlanta Hawks and Seattle SuperSonics.



**Scott Wissel** is currently an NBA Advance Scout covering the entire country and all 30 teams. An outstanding teacher, Scott conducts SHOOT IT BETTER Mini Camps worldwide for Basketball World.

Scott has served as an NBA Assistant Coach for the Detroit Pistons, and NBA Advance Scout for the Los Angeles Clippers, Memphis Grizzlies, Sacramento Kings, Los Angeles Lakers and Milwaukee Bucks. From 1989-93, Scott was Assistant Basketball Coach/Scout for the University of Connecticut.

### Mini Camp Schedule

Confidence & Rhythm  
 Positive Self-Talk & Key Words  
 Goal Setting  
 Shooting Warm-up  
 Correcting a Missed Shot  
 Lead-up & Challenge Drills  
 Jump Shot  
 Shooting Off Pass  
 Developing a Quick Release  
 Shooting Off Screens  
 Shooting Off Dribble  
 Lay-ups & Runners  
 Hook Shot  
 Post-up Moves  
 One-on-One Moves  
 Free Throw - Eyes Closed  
 Mental Practice  
 Free Throw Competition  
 Shoot-Out Competition

"Hal, Scott and Paul Wissel ignite the spirit for improvement. They have the ability to crystallize situations, and then select the correct teaching technique in order to achieve maximum success." - **Hubie Brown**, NBA Analyst, ABC, ESPN, NBA TV Two-time NBA Coach of the Year, Basketball Hall of Fame

[www.basketballworld.com](http://www.basketballworld.com)

[coach@basketballworld.com](mailto:coach@basketballworld.com)

888-812-5452

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| <b>SHOOT IT BETTER Mini Camp - 4 Hours</b>  |  |
| <b>SITE:</b> First Baptist Church, 50 Parker Street, East Longmeadow, MA 01028  |  |
| <b>CONTACT:</b> Basketball World, 860-668-7162 <a href="mailto:coach@basketballworld.com">coach@basketballworld.com</a> |  |
| <b>DAY</b><br>Sunday February 16, 2020  | <b>HOURS</b><br>1:00 - 5:00pm                                |
| <b>COST:</b> \$125  | <b>Enrollment:</b> Limited to 24 players (ages 10 and above) |

CUT HERE AND RETURN THE APPLICATION BELOW

### SHOOT IT BETTER Mini Camp Application

February 16, 2020

|                        |                |                    |  |
|------------------------|----------------|--------------------|--|
| <b>Name:</b>           |                |                    | <b>Site:</b> First Baptist Church, E. Longmeadow, MA 01028                             |
| <b>Street:</b>         |                |                    | <b>Cost:</b> \$125   |
| <b>City:</b>           | <b>State:</b>  | <b>Zip:</b>        | <b>Total Enclosed:</b>   |
| <b>Age:</b>            | <b>Height:</b> | <b>Weight:</b>     | <b>Check Payable to:</b> Basketball World  |
| <b>School or Team:</b> |                | <b>Grade:</b>      | <b>Mail to:</b> Basketball World<br>955 Russell Ave<br>Suffield, CT 06078              |
| <b>Parent's Name:</b>  |                |                    | <b>Phone:</b> 860-668-7162   |
| <b>Home Phone:</b>     |                | <b>Cell Phone:</b> | <b>Email:</b> <a href="mailto:coach@basketballworld.com">coach@basketballworld.com</a> |
| <b>Email:</b>          |                |                    |  |

I certify that the applicant is in good health and may participate in physical activity associated with the camp's vigorous athletic program, without limitation(s). The director of the camp has my permission to arrange for and provide medical care in the event the applicant is injured or disabled. I will be financially responsible for all medical care expenses of the applicant while at the camp, or as a result of the applicant's participation in the camp.

**Parent's Signature:**

**Date:**